

# 2017 Trinity Triumph 5K

## Age Group Results

### 5K Run

Race Date  
June 22, 2017

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sara Boss	New Lenox IL	42	3617	8	23:23.3	7:33/M

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Stiglic		16	3742	1	17:56.7	5:47/M

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Age Group Results

## 5K Run

No age provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Charles Egnier III	Lemont IL	0	3645	118	1:00:08.3	19:24/M

Female 9 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Gillian Bangert	Gilberts IL	9	3604	21	25:54.8	8:21/M
2	Ava Feigl		7	3750	67	34:47.7	11:13/M
3	Alexandra Hassell	New Lenox IL	7	3654	112	59:52.6	19:19/M

Male 9 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tyler Mooney		8	3747	84	41:03.1	13:15/M
2	Jacob Donato	Frankfort IL	9	3634	108	59:26.2	19:10/M

Female 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ellie Feigl		10	3752	27	27:27.6	8:51/M
2	Genevieve Bangert	Gilberts IL	12	3605	34	28:49.5	9:18/M
3	Laura Kokal	Plano TX	13	3669	37	29:03.3	9:22/M
4	Kamryn Wilkerson	Frankfort IL	12	3722	85	41:07.5	13:16/M
5	Makenzie Russell	Homewood IL	11	3696	88	43:09.2	13:55/M

Male 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Henry Lennon	New Lenox IL	10	3674	15	24:50.1	8:01/M
2	Jonathan Zytnowski	Ottawa IL	13	3728	52	31:30.1	10:10/M
3	Jacob Mooney		10	3748	82	40:52.9	13:11/M
4	JayQuan Ratliff	Flossmoor IL	11	3691	86	41:10.5	13:17/M
5	Kevin Hassell	New Lenox IL	10	3653	113	59:56.3	19:20/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Olivia Velazquez	Frankfort IL	18	3713	23	26:20.2	8:30/M
2	Therese Egnier	New Lenox IL	16	3643	72	35:58.9	11:36/M

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## 5K Run

## Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Sara Vari	Orland Park IL	18	3711	90	45:35.7	14:42/M

## Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cade Vektor		16	3738	2	19:29.3	6:17/M
2	Kyle Bell		15	3762	3	19:30.1	6:17/M
3	Jack Quinn		16	3739	4	20:30.6	6:37/M
4	Tyler Donaldson	Frankfort IL	16	3632	60	32:56.7	10:37/M

## Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kelsey DePorto	Frankfort IL	25	3629	17	24:54.2	8:02/M
2	Tara Bistry	Joliet IL	27	3612	24	26:44.4	8:37/M
3	Amy Ishii	Joliet IL	29	3660	25	26:54.2	8:41/M
4	Jenna D'Orazio	Coal City IL	28	3635	33	28:29.1	9:11/M
5	Kelsey Strong		25	3737	45	30:12.7	9:45/M
6	Lauren Vari	Orland Park IL	21	3710	65	34:05.2	11:00/M
7	Lauren Murphy		29	3733	81	38:15.3	12:20/M
8	Michelle Jasmer	Joliet IL	26	3662	89	43:48.2	14:08/M
9	Alysse Bratcher	Plainfield IL	22	3618	99	49:44.7	16:03/M
10	Jessi Egner	Lemont IL	26	3640	119	1:00:08.5	19:24/M
11	Christa Belseth	Frankfort IL	27	3610	127	1:01:46.8	19:55/M
12	Samantha Barrett	Chicago IL	28	3606	128	1:02:17.8	20:05/M
13	MaryFaith Vaughan	Matteson IL	28	3712	129	1:02:18.8	20:06/M
14	Bethany Tones		26	3757	130	1:02:19.4	20:06/M

## Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nick Winter	New Lenox IL	21	3723	13	24:36.6	7:56/M
2	Tyler Welch	New Lenox IL	24	3720	18	25:16.3	8:09/M
3	Kirby Corkill	Chicago IL	28	3623	50	31:29.1	10:09/M
4	Jeremy Zytowski	Ottawa IL	22	3727	51	31:29.2	10:09/M
5	Jim Polcharczyk		27	3734	77	37:03.0	11:57/M

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## Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sara Tassoni		26	3732	80	38:14.1	12:20/M

## Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Justin Lenczycki	Orland Park IL	21	3672	91	46:38.2	15:03/M
2	Charlie Egner	Lemont IL	25	3639	117	1:00:07.8	19:24/M
3	Aaron Huth		29	3744	122	1:00:55.5	19:39/M

## Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michelle Kendall	Manhattan IL	31	3665	26	27:09.7	8:45/M
2	Kailee Marketti	Coal City IL	31	3676	36	29:00.2	9:21/M
3	Amie Hoffman	Cullom IL	34	3658	39	29:39.7	9:34/M
4	Mary Kate Burns	Homer Glen IL	33	3620	42	29:54.2	9:39/M
5	Kelli Goodwin	New Lenox IL	36	3649	44	30:11.7	9:44/M
6	Jordan Tsoulos	New Lenox IL	33	3706	58	32:33.9	10:30/M
7	Heather Sincak	New Lenox IL	38	3702	71	35:23.6	11:25/M
8	Michelle Pluhar	Tinley Park IL	38	3689	75	36:55.2	11:55/M
9	Jayme Sala	Lockport IL	31	3698	93	46:48.4	15:06/M
10	Amee Bohrer	Joliet IL	36	3614	95	47:44.4	15:24/M
11	Jess Nemec	Orland Park IL	31	3683	98	48:50.8	15:45/M
12	Beth Verrette	Greenwood AR	32	3714	105	55:56.2	18:03/M
13	Colleen Hassell	New Lenox IL	38	3652	114	59:56.6	19:20/M
14	Nena Karpen		32	3736	123	1:00:56.5	19:39/M

## Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Andrew Mott		34	3755	6	22:12.2	7:10/M
2	Randy Goodwin	New Lenox IL	38	3650	7	22:26.9	7:14/M
3	Michael Redman		38	3754	31	28:22.4	9:09/M
4	Neil Gomez		39	3749	38	29:29.7	9:31/M
5	Mark Tsoulos	New Lenox IL	33	3707	57	32:33.1	10:30/M
6	Joseph Grankowski	Chicago Ridge IL	32	3651	59	32:38.1	10:32/M
7	Kevin Rogina	New Lenox IL	33	3693	79	38:05.4	12:17/M
8	Nicholas Macak	Plainfield IL	33	3675	102	54:07.4	17:27/M
9	Matt Verrette	Greenwood AR	34	3715	104	55:53.2	18:02/M

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Race Date

June 22, 2017

## Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
10	Joel Belseth	Frankfort IL	30	3611	126	1:01:45.8	19:55/M

## Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nydia Beard	Joliet IL	43	3608	12	24:25.9	7:53/M
2	Lisa Atkinson	New Lenox IL	48	3603	35	28:54.4	9:19/M
3	Carrie Whittam	Orland Park IL	47	3721	46	30:16.5	9:46/M
4	Lisa Wilburn		44	3731	55	32:17.2	10:25/M
5	Sharon Lara		42	3730	56	32:17.2	10:25/M
6	Wendy Feigl		41	3753	68	34:48.4	11:14/M
7	Rachel Cowan	Joliet IL	40	3625	70	35:09.2	11:20/M
8	Brianne Mooney		40	3741	83	41:02.9	13:14/M
9	Kristina Fabis	Plainfield IL	46	3646	92	46:48.2	15:06/M
10	Julie Bellah	New Lenox IL	49	3609	94	47:42.4	15:23/M
11	Clair Brown	Loda IL	46	3619	96	47:44.6	15:24/M
12	Angie Lee-Ratliff	Flossmoor IL	42	3671	100	49:56.9	16:06/M
13	Lisa Donato	Frankfort IL	47	3633	111	59:42.7	19:15/M
14	Joyce Egner	New Lenox IL	47	3642	116	1:00:06.5	19:23/M

## Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Craig Koerner	Joliet IL	45	3666	9	23:46.9	7:40/M
2	Brian Russell	Homewood IL	42	3697	22	25:55.8	8:22/M
3	Josh Feigl		41	3751	28	27:27.7	8:51/M
4	Jim Vidmar		42	3735	30	28:08.7	9:05/M
5	Brian Mejdrich	Joliet IL	49	3680	62	33:06.2	10:41/M
6	Charles Egner	New Lenox IL	49	3641	73	35:58.9	11:36/M

## Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mary Farrell	New Lenox IL	51	3647	14	24:41.6	7:58/M
2	Debbie Kokal	Woodridge IL	51	3668	16	24:51.9	8:01/M
3	Liz Costa	Channahon IL	53	3624	48	30:46.2	9:55/M
4	Donna Platt		58	3758	49	31:05.8	10:02/M
5	Jennifer Koss		51	3765	53	31:56.6	10:18/M
6	Mary Fiackowski		50	3764	69	34:50.5	11:14/M

## 2017 Trinity Triumph 5K

Age Group Results

## 5K Run

## Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Renee Tamburo	New Lenox IL	54	3705	87	43:01.3	13:53/M
8	Sue Vari	Orland Park IL	51	3708	101	50:26.5	16:16/M
9	Sue Koopman	New Lenox IL	56	3670	106	57:01.6	18:24/M
10	Bess Egelske	Lansing IL	58	3638	107	57:08.9	18:26/M
11	Elly McMullin	New Lenox IL	53	3678	110	59:31.9	19:12/M
12	Kathy Hilton	New Lenox IL	59	3657	121	1:00:39.5	19:34/M
13	Valerie Woodkirk	New Lenox IL	52	3726	124	1:01:39.8	19:53/M
14	Janis Carrigan	Lockport IL	54	3621	131	1:05:05.5	21:00/M

## Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Paul Ciesiun	Frankfort IL	58	3622	5	21:37.2	6:58/M
2	Phil Newberry		55	3746	11	24:09.4	7:47/M
3	Larry Bornhofen	Joliet IL	58	3615	19	25:21.2	8:11/M
4	Tim Crnkovic	Joliet IL	55	3626	20	25:40.7	8:17/M
5	Carl Indovina	New Lenox IL	51	3659	29	27:47.1	8:58/M
6	James Winter	New Lenox IL	54	3724	32	28:25.5	9:10/M
7	Tony Vari	Orland Park IL	53	3709	40	29:50.5	9:37/M
8	Joseph Welch	New Lenox IL	55	3719	41	29:53.1	9:38/M
9	Grant Bell		51	3761	47	30:19.8	9:47/M
10	Mark Sandrick		56	3729	63	33:22.0	10:46/M
11	Richard Hoch		51	3759	74	36:45.9	11:51/M
12	John Keating		52	3763	76	37:02.8	11:57/M
13	Nathaniel Motton	Matteson IL	56	3682	78	37:03.2	11:57/M
14	Sonny McMullin	New Lenox IL	53	3679	109	59:31.7	19:12/M

## Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Janis Runyan	New Lenox IL	60	3694	54	32:15.1	10:24/M
2	Cathy Hickey	Mokena IL	62	3656	66	34:20.4	11:05/M
3	Carol Currier-Frighetto	Manhattan IL	68	3627	97	47:59.7	15:29/M
4	Margo McDermed	Mokena IL	62	3677	120	1:00:37.5	19:33/M
5	June Bass	Wilmington IL	63	3607	125	1:01:41.7	19:54/M

## Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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## 2017 Trinity Triumph 5K

Age Group Results

## 5K Run

## Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Warren		61	3745	10	23:47.3	7:40/M
2	John Steinmetz		65	3743	43	29:57.2	9:40/M
3	Bill Platt		64	3760	61	33:00.1	10:39/M
4	David Blood	Macedonia IL	67	3613	64	33:38.9	10:51/M

## Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	No Finishers						

## Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Vince Kokal	New Lenox IL	88	3667	103	54:54.9	17:43/M
2	Lawrence Egner	New Lenox IL	75	3644	115	1:00:02.6	19:22/M